



# Grace vineyard Revolution

2012

## Parents' Packet

Let us not love with words or tongue but with actions and in truth.  
—1 John 3:18 (NIV)

a personal note

First of all, we want to thank you for allowing your children to be a part of something as good and valuable as 30 Hour Famine, and our partnership with this successful program. We do know that it is a sacrifice for both teenager and your whole family. Thank you!

We have tried to make all the information clear to your student, through announcements, both in church services and during our youth program, through the packet that is provided and has been checked out to every student in our group, and finally through our website. We realize that there is always the opportunity for information that was communicated not actually getting all the way to you, the parent, or for there to be additional questions. In any case, we are always available to answer those. At any point, you may email our youth program at the church [youth@gvcf.org](mailto:youth@gvcf.org), or call us at **682-738-6691**

what is the 30 Hr. Famine?

Our youth group has been doing the 30 Hour Famine (a program of World Vision) for over 7 years, and our Pastor to Students, Ryan, has been leading 30 Hour Famine programs for over 15 years. **No program we have done has made as much of an impact on our teens, and on the world, as 30 Hour Famine.** Also, we have seen the pictures and read the stories. It is clear that teens around the world through this program have changed the global picture of world hunger. The biggest causes of death around the world are still maladies that are easily prevented by access to food and clean water, but World Vision has made an unimagineable impact. Eighty-six percent of all funds given to world vision go directly to building wells and providing food and medicine. Your teenager is changing the world.

The 30 Hour Famine consists of teenagers from our group collecting donations from their friends, neighbors, and relatives in preparation for the event, sort of like a school walk-a-thon, or breast cancer runs. Money that is pledged but not collected may be collected after the famine, in a reasonable time. Students usually say something like,

*Hi Uncle Jim, my youth group is doing a program called 30 Hour Famine. It is sponsored by World Vision. This Friday, a bunch of teenagers from my youth group and I will be starting a fast for 30 hours. We are doing this so that we can experience hunger, and learn about what many people around the world go through every day. We are also raising money to help World Vision combat this big problem. Every 30 seconds somewhere in the world a child dies of hunger. My fundraising goal this year is \_\_\_\_\_. Could you help me by donating?*

how does it work?

Then, on Friday, our teens will **eat lunch** at the regular time, then begin their fast. On Friday evening (**6PM**), they will come to the church for our Famine Weekend lock-in. There will be plenty of adults to supervise. We will also have tons of juices and water for the kids to drink all weekend. Saturday is full of service projects in the community, and it all culminates in a celebration dinner, where we **break our fast together at around 7 PM**. Your students will be ready for to be **picked up by 8 PM**. They will sleep well Saturday night (and they'll even get an extra hour because of the time change)

what does my teen need to bring?

### Packing List:

- Bible (why do our teens never bring Bibles anywhere? Did they lose them?)
- Pajamas, or whatever appropriate sleeping attire they have. (Every year someone shows up without proper sleepwear. We have nice fluffy footie PJs to loan out to that guy)
- Proper, warm clothes for Saturday—clothes that are OK to get dirty
- Closed toe shoes (sneakers). Do not bring sandals or flip flops.
- Sleeping bag and pillow
- Any stuffed animal or security blanket that your child can't sleep without
- A camera
- Toiletries (including deodorant, washcloth, toothbrush and paste, comb, deodorant, soap, deodorant)
- A filled out Parental Release Form (We will have to send your student home without this)

### Don't Pack List:

- Anything illegal
- Fireworks, firearms, anything that goes boom, anything that someone might use as a weapon
- Video games (If we see them, we will confiscate)
- Basically, anything that we will later ask your child, "why did you bring that?"

**Parents, please do not trust your teenager to pack their own items. I know that they feel they are all grown up, but trust us, every year we see what happens when teenager's overnight bags aren't double checked. Please go through this list while looking in your student's bags.**

schedule

	<b>Friday</b>		<b>Saturday</b>
6:00 — 7:00	Arrive and get settled	8:30 — 9:00	Wake up and juice
7:00 — 9:00	Tribe, game session	9:00 — 9:45	Tribe, game session
9:00 — 9:30	Free time	9:45 — 10:00	Clean up
9:30—10:00	Tribe game session	10:00 — 3:00	Service projects
10:00-10:30	Get ready for bed	3:00 — 5:00	Tribe game session
11:00	bedtime	5:00 — 7:00	free time and clean up
		7:00 — 8:00	Break Fast!!!
		8:00	Everyone goes home

A fun list

### What to do without a teenager in my house?

- Write that book you've always wanted to write
- Finally finish reading that book you started last year
- Take a long hot bath
- Have a romantic dinner out
- Dress like teenagers and go to the mall—just to freak out the teenagers that will be there
- Post all those baby pictures of your teen onto your facebook wall—make sure to link them.
- Put on 60's an 70's music and have a dance party
- Put weird things in strange locations around the house, and when your teen comes home and asks about them, act really defensive and say, "Um...NOTHING."
- Jazzercise
- Turn his or her room into that mancave/craft room you've always been wanting
- Go on all sorts of coupon websites and put in your teens email in the contact form
- Get some sleep for once
- Buy Starbucks gift cards for your favorite youth pastor